PROVA INGLESE INFERMIERI 2025

- 1. A 33-year-old healthy man was injured while riding a scooter. He had poor consciousness upon triage and brain computed tomography showed diffuse subarachnoid and subdural hemorrhage.
- 2. Mr. S (27-year-old) was diagnosed with hydronephrosis post nephrectomy surgery on day-3. The patient complained of persistent pain in the surgery area. In addition, there was a drain attached with a minimal output of blood.
- 3. A 46-year-old man was hospitalized with weakness, anorexia, intermittent fever, vague chest pains, and a sensation of abdominal distension.
- 4. A 46-year-old man presented to a hospital emergency department with thoracic pain, dyspnea, anorexia, and fever. The patient was intubated for acute respiratory distress syndrome.
- 5. A 47-year-old woman, non-smoker, with history of asthma and pollen allergy contacted the emergency services for subacute dyspnea, exercise intolerance and chest tension.
- 6. A 72-year-old patient hospitalised in the Department of Geriatrics for a Comprehensive Geriatric Assessment and determining the cause of vertigo.
- 7. A 92-years-old woman, was no longer self-sufficient and lived in a nursing home. The patient was affected by Alzheimer's disease and presented constipation, possibly caused by bed rest and dietary fibre deficiency.
- 8. A 15-year-old girl presented to the emergency department with nonspecific symptoms including nausea, abdominal pain, weakness, malaise and vomiting, started two days ago.
- 9. A 7-month-old infant girl with congenital stridor was admitted to our clinic. Her medical history included respiratory distress that appeared with positional changes.

- 10. A 24-year-old female patient presented to the emergency department with abdominal pain and constipation for three days. The patient had a medical history of bipolar disorder, which was well controlled with daily Lamotrigine.
- 11. This is the case of a 61-year-old female who developed heparininduced thrombocytopaenia following treatment of a submassive pulmonary embolism, and who then required an above knee amputation for critical leg is chaemia.
- 12. Mr. K. is a 32-year-old male patient who suffered from diabetes mellitus for 25 years, arrhythmia, hypertension and chronic renal failure undergoing dialysis for 7 years.
- 13. This is the case of a 64-year-old female patient diagnosed with an intra-abdominal cystic lesion following a routine examination. A CT scan of the abdomen confirmed a cystic lesion located in the lesser omentum.
- 14. A patient with pericarditis associated with COVID-19 infection, requires pericardiectomy. The COVID-19 originally manifested as anosmia and ageusia. Subsequently, the patient developed dyspnea, fatigue, chest pressure, and leg edema.
- 15. A 46-year-old man was hospitalized on July, with weakness, anorexia, intermittent fever, chest pains, and a sensation of abdominal distension.
- 16. A 42-year-old male with a history of multiple sclerosis was admitted to the hospital due to a fever of 38.8° C and shortness of breath for the last three days.
- 17. A 15-year-old girl with no past medical story was admitted to the emergency department of this hospital because of vomiting. Two days before this admission she took 10 tablets of paracetamol 1 g to kill herself.

- 18. A 12-year-old girl was referred to our clinic with diagnosis of anorexia. She refused to eat during the last months and was obviously underweight (BMI 14). She had no palpitation, syncope or any other heart problems.
- 19. A 70-year-old woman presented to her general practitioner with recurrent urinary tract infections and was incidentally found to have a large painless abdominal mass upon examination. She had no systemic symptoms.
- 20. A 14-year-old boy with no medical history except mild asthma was admitted to our unit with a 2-month history of enlarged lymphnodes on the left side of his neck, tiredness, nightly sweats and suspected weight loss.
- 21. A 61-year-old woman with a medical history of dyslipidemia and hypertrophic heart disease, was admitted to the intensive care unit (ICU) following cardiorespiratory arrest related to ventricular arrhythmia.
- 22. A 65-year-old man with a long history of type II diabetes mellitus poorly controlled with insulin and obstructive prostate growth treated with an alpha blocker, presented with an episode of acute urinary retention after excessive alcohol consumption.
- 23. A 74-year-old male patient, with a history of scalp skin lesion excision one year ago, with histopathology revealing melanoma. Follow-up showed a pulmonary nodule. A CT-guided percutaneous biopsy diagnosed a metastatic lesion.
- 24. A 52-year-old female with a history of type 2 diabetes mellitus was admitted to the hospital. She presented with eye erythema and pre-orbital edema in her right eye, indicative of Herpes zoster ophthalmicus (HZO).
- 25. A 70-year-old male patient presented to the hospital with a complaint of dyspnoea that had started a year prior and progressed on exertion. He denied having chest pain, syncope, or any other symptoms during this period.

- 26. A 9-year-old girl presented with swelling of the right side of the face since birth that had been progressively increasing in size. It covered the entire cheek, the lower half of the parotid, and part of the submandibular region.
- 27. A 29-year-old woman with no relevant personal history other than cephalosporin allergy, was admitted with suspected pelvic inflammatory disease. She presented with suprapubic pain and pyrexia.
- 28. A 50-year-old male patient was treated for insomnia and hypertension for 20 years in one hospital, and benzodiazepine dependence, anxiety disorder, and hypertension for 9 years in another hospital.
- 29. A 35-year-old male patient was admitted to the general surgery clinic for recurrent episodes of abdominal pain. Colonoscopy revealed that both the small intestine and the colon were highly dilated.
- 30. A 61-year-old female patient presented with persistent upper abdominal pain lasting over 2 months. Gastroscopy revealed the presence of both gastric and duodenal cancers.
- 31. A 79-year-old male was admitted to the Emergency Department for acute respiratory distress. The patient had various comorbidity, including hypertension, type 2 diabetes mellitus and chronic ischaemic heart disease.
- 32. A 63-year-old white female with a complex medical history, including heart failure, atrial fibrillation, stage 4 chronic kidney disease, and gastric bypass surgery in 2015, experienced a significant decline in her health.
- 33. Mr. George is an 85-year-old man living with his 82-year-old wife in a condominium. Mr. George is on six prescription medications for hypertension, hyperlipidemia, type 2 diabetes, and anxiety, and he neither drinks nor smokes.

- 34. A 25-year-old male nurse, worked in a palliative care unit. The hospital had a policy for terminal sedation administration for palliative patients near end of life and all nurses in the unit were educated about the policy.
- 35. A 35-year-old male, was admitted to the nephrology department due to a two-day decline in urine output, occurring more than a decade post-kidney transplantation.
- 36. A 35-year-old male presented to the Emergency Department with left shoulder pain. He was given a low priority score as he appeared well, and reported a low pain score at the time of presentation.
- 37. Empathy is the ability of a nurse to understand the circumstances, experiences, and feelings of the patients. It is a fundamental element of nursing and a vital component in the formation of the therapeutic relationship.
- 38. A 7-month-old infant girl with congenital stridor was admitted to our clinic. Her medical history included respiratory distress that appeared with positional changes. The infant was comfortable only in the supine position.
- 39. During the insertion of a nasal gastric tube, significant resistance was felt at 55 cm. Air was rapidly injected down the nasal gastric tube while auscultating the epigastrium, but no 'whooshing sound' was heard.
- 40. A 21-year-old male patient, with no personal history of medical or surgical conditions, presented to our neurology department. Psychotic symptoms had been gradually emerging when he was 16 years old.
- 41. A 30-year-old pregnant woman at 17 weeks of gestation was admitted to the hospital with exertional dyspnea which lasted for one week and worsened for two days.
- 42. A 55-year-old woman was sent to the emergency room because of being bitten by a large dog 1 hour prior on the left neck, abdominal wall, and

lower limb, followed by syncope for a short time, and extensive bleeding from wounds.

- 43. A 66-year-old man with a history of heart failure and preserved ejection fraction, hypertension, and chronic venous insufficiency with recurrent bilateral venous ulcerations presented to the vascular surgery clinic for evaluation.
- 44. A case of a 65-year-old female patient was admitted to the Emergency Department of a Chinese hospital, due to loss of consciousness for 30 minutes and respiratory and cardiac arrest for 10 minutes.
- 45. A 59-year-old male, was admitted to the hospital, complaining of fever, chest tightness, and chest pain for 17 days, with a history of increased anaemia for 16 days, and a weight loss of 6 kg.
- 46. A 63-year-old woman was admitted to the hospital with a complaint of post-menopausal bleeding. A 5-cm cervical mass was observed on the initial gynecological examination.
- 47. Mr. Doyle is a 32-year-old who has had several episodes of bloody diarrhea with severe cramping, nausea, and vomiting after attending a party 12 hours earlier where he drank alcoholic beverages.
- 48. Mrs. Waterman is a 70-year-old woman with severe osteoarthritis of the spine and a recent history of left total hip replecement.
- 49. A 70-year-old woman experiences exertional dyspnea while training for the senior Olympic Games. She has been diagnosed with aortic stenosis, and a cardiologist has recommended an aortic valve replecement.
- 50. Mr. Lee is a 52-year-old man with Type 2 diabetes, peripheral vascular disease, hyperlipidemia, and peripheral neuropathy.

- 51. Mr. Hussein, age 38 years, has come to the emergency department for treatment of high blood pressure.
- 52. Mr. Kline, a patient who is 69 years old, was admitted to hospital for chronic restrictive pulmonary disease treatment. The patient seemed weak and fatigued, with shortness of breath and he lost 5 Kg in the last month.
- 53. An 82-year-old with a 20 year history of type 2 diabetes, was diagnosed with Alzheimer disease 2 years ago and has admitted to the hospital for pneumonia.
- 54. Mrs. Hussein, accompanied by her husband, presents to the clinic for a blood pressure check. As they enter the office, the nurse hears the husband speaking rapidly, and he appears very nervous.
- 55. You are a nurse in a surgical unit. A patient is admitted to your unit for evaluation, monitoring, and management following an episode of dark brown emesis.